

2026 HRDC



TiB
Consultancy
(MA0275258-X)

2026 PROGRAM

TRANSFORM PEOPLE • CREATE IMPACT • GO BEYOND

Transform

(Image & Identity)

PROFESSIONAL IMAGE & PERSONAL BRANDING

- ☐ *Professional Business Image & Etiquette Management*
- ☐ *Personal Grooming & Corporate Dressing*
- ☐ *Social Media Etiquette & Digital Presence*
- ☐ *Image & Grooming Mastery for Hospitality Professionals*
- ☐ *Social Media Content Creation for Personal Branding (Tik Tok and XHS)*

Please tick ✓ on the program that you would like to know more.

Impact

(Skills & Influence)

TEAM DYNAMICS & CROSS-CULTURAL COMMUNICATION

- ☐ *Mindfulness, Mental Health and Relaxation Team Building*
- ☐ *CSR Adventure: Give Back & Grow Together*
- ☐ *Pause to Perform: Mental Resilience Team Camp*
- ☐ *Well-Being at Work: Culture Starts With Us*
- ☐ *Sustainable Leadership for Team Impact*
- ☐ *Myers-Briggs Type Indicator (MBTI) Training Program*

TECHNICAL SKILLS TRAINING

- ☐ *Microsoft Excel Intermediate Training*
- ☐ *E-Invoicing Overview*
- ☐ *Microsoft PowerPoint*
- ☐ *5S Principle and Implementation*
- ☐ *Financial Fitness Workshop*
- ☐ *Canva Design Workshop*

Please tick ✓ on the program that you would like to know more.

LEADERSHIP & MANAGEMENT

- ☐ *Building a Strong Leadership Image: A Guide for First-Time Leaders*
- ☐ *Building Trust Through Empathy Leadership*
- ☐ *First-Time Manager: Leading with Confidence*
- ☐ *The Habits of High Achievers*
- ☐ *Enhancing Growth Mindset*
- ☐ *Supervisor Supercharges*
- ☐ *Simulation Games for Leadership and Teamwork*

HR FUNCTIONAL TRAINING

- ☐ *Hiring, Firing & In-Betweens*
- ☐ *Strategic Talent Management for Future-Ready HR*
- ☐ *Counseling Skills for HR: Managing People with Empathy*
- ☐ *HR for non HR*
- ☐ *ESG Awareness Programs*

DIGITAL TRANSFORMATION & IT

- ☐ *AI for Workplace Productivity*
- ☐ *Data Storytelling & Visualisation Transform*
- ☐ *Digital Marketing & Content Strategy*

SALES & MARKETING SKILLS

- ☐ *Engage Solve–Close (ESC) Sales Mastery*

Please tick ✓ on the program that you would like to know more.

COMMUNICATION & INTERPERSONAL SKILLS

- ☐ *Excellent Communication & Negotiation Using DISC*
- ☐ *Impactful Communication in The Workplace*
- ☐ *Presentation Skills & Public Speaking*
- ☐ *Speak Their Language: Navigating Generational Differences*
- ☐ *Mastering The Art of Tough Talk – From Conflict to Clarity*
- ☐ *Building Resilience in Challenging Time Together*
- ☐ *Business Writing & Email and Telephone Etiquette*
- ☐ *Communicate with EQ: Mastering Emotional Intelligence*
- ☐ *Different Brains, One Team (Colored Brain)*
- ☐ *Story Telling and Crafting Impactful Messages that Stick*
- ☐ *Boosting Sales Performance Workshop*
- ☐ *NLP for Sales Success: Influential with Impact*

Please tick ✓ on the program that you would like to know more.

Beyond

(Wellness & Growth)

EMPLOYEE WELLNESS PROGRAM

- ☐ *Singing Bowl Workshop*
- ☐ *Balanced Diet Management*
- ☐ *Mindfulness & Resilience*
- ☐ *Color Analysis Workshop*
- ☐ *Corporate Make Up Tutorials*
- ☐ *Scented Candle Workshop*
- ☐ *Tea Tasting Workshop*
- ☐ *Essential Oil Workshop*
- ☐ *Lip Balm Formulation*
- ☐ *Self-Love and Emotional Management*
- ☐ *Coffee Brewing*
- ☐ *Massage Session*
- ☐ *Perfume Making for Professional Settings*
- ☐ *First Aid Training At Workplace*
- ☐ *Breast Care Awareness*
- ☐ *Corporate Yoga*
- ☐ *Self-Development Lego Series*
- ☐ *Goal Setting & Mindset Reset*
- ☐ *Floral Artistry & Arrangement*
- ☐ *Professional Manicure Session*

Please tick ✓ on the program that you would like to know more.

EMPLOYEE WELLNESS PROGRAM

- ☐ *Modern Cupping & Wellness Therapy*
- ☐ *Herbal Pouch Eye Pillow*
- ☐ *Terrarium workshop*
- ☐ *Touch Of Colour (Zendoodles)*
- ☐ *Emotional Resilience (EQ)*
- ☐ *Sleep & Fatigue Management*
- ☐ *Bridging Generational Gap (Communication)*

Please tick ✓ on the program that you would like to know more.

Your Requirements:
(E.g. Number of Participants)

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