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HRDC



TiB
Consultancy
(MA0275258-X)

PROGRAM

PROFESSIONAL IMAGE & PERSONAL BRANDING

- Professional Business Image & Etiquette Management*
- Personal Grooming & Corporate Dressing*
- Social Media Etiquette & Digital Presence*
- Image & Grooming Mastery for Hospitality Professionals*
- Social Media Content Creation for Personal Branding (Tik Tok and XHS)*

COMMUNICATION & INTERPERSONAL SKILLS

- Excellent Communication & Negotiation Using DISC*
- Impactful Communication in The Workplace*
- Presentation Skills & Public Speaking*
- Speak Their Language: Navigating Generational Differences*
- Mastering The Art of Tough Talk – From Conflict to Clarity*
- Building Resilience in Challenging Time Together*
- Business Writing & Email and Telephone Etiquette*
- Communicate with EQ: Mastering Emotional Intelligence*
- Different Brains, One Team (Colored Brain)*
- Story Telling and Crafting Impactful Messages that Stick*
- Boosting Sales Performance Workshop*
- NLP for Sales Success: Influential with Impact*

EMPLOYEE WELLNESS PROGRAM

- Singing Bowl Workshop*
- Balanced Diet Management*
- Mindfulness & Resilience*
- Color Analysis Workshop*
- Corporate Make Up Tutorials*
- Scented Candle Workshop*
- Tea Tasting Workshop*
- Essential Oil Workshop*
- Lip Balm Formulation*
- Self-Love and Emotional Management*
- Coffee Brewing*
- Massage Session*
- Perfume Making for Professional Settings*
- First Aid Training At Workplace*
- Breast Care Awareness*
- Corporate Yoga*
- Bridging Generation Gap*
- Goal Setting & Mindset Reset.*
- Floral Artistry & Arrangement*
- Professional Manicure Session*
- Modern Cupping & Wellness Therapy*

Please tick ✓ on the program that you would like to know more.

TEAM DYNAMICS & CROSS-CULTURAL COMMUNICATION

- Mindfulness, Mental Health and Relaxation Team Building*
- CSR Adventure: Give Back & Grow Together*
- Pause to Perform: Mental Resilience Team Camp*
- Well-Being at Work: Culture Starts With Us*
- Sustainable Leadership for Team Impact*
- Myers-Briggs Type Indicator (MBTI) Training Program*

TECHNICAL SKILLS TRAINING

- Microsoft Excel Intermediate Training*
- E-Invoicing Overview*
- Microsoft PowerPoint*
- 5S Principle and Implementation*
- Financial Fitness Workshop*
- Canva Design Workshop*

LEADERSHIP & MANAGEMENT

- Building a Strong Leadership Image: A Guide for First-Time Leaders*
- Building Trust Through Empathy Leadership*
- First-Time Manager: Leading with Confidence*

LEADERSHIP & MANAGEMENT

- The Habits of High Achievers*
- Enhancing Growth Mindset*
- Supervisor Supercharges*
- Simulation Games for Leadership and Teamwork*

HR FUNCTIONAL TRAINING

- Hiring, Firing & In-Betweens*
- Strategic Talent Management for Future-Ready HR*
- Counseling Skills for HR: Managing People with Empathy*
- HR for non HR*
- ESG Awareness Programs*

Please tick ✓ on the program that you would like to know more.


Your Requirements:
(E.g. Number of Participants)

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